

## PROFESSIONAL BURNOUT SYNDROME

### Expressing Cause and Effect in Sentences

Structures	Examples /expressing purpose
A. <b>Complex sentence (two verbs)</b> <b>Since</b>	<b>Since</b> high level positions are at times rather stressful, professionals can sometimes develop burnout syndromes. <b>Since</b> your total score reveals a low level of burnout, you don't need to continue the evaluation.
<b>Because/as</b>	Everybody likes her <b>because</b> she's a very kind and friendly caretaker.  <b>As</b> she felt very tired, she started practising relaxation techniques which helped her manage the stress.
Therefore	The family could not support her at home. Therefore, they sent her to a palliative care clinic.
<b>As a result</b>	She had a hard job and no support from her family. <b>As a result</b> , she developed a burnout syndrome.
<b>Consequently/ As a consequence</b>	There was poor sanitation in the house where the patients she was taking care of were living. <b>As a consequence</b> , she had health problems. She had no other options. <b>Consequently</b> , she looked after the old man alone by herself.
B. <b>Simple sentence:</b> <b>Because +noun</b> <b>Due to/owing to</b> <b>Thanks</b>	<b>Because</b> of chronic exposure to job related stress, she developed a severe burnout syndrome.

### Online resources

[http://www.myenglishpages.com/site\\_php\\_files/communication-lesson-cause-effect.php](http://www.myenglishpages.com/site_php_files/communication-lesson-cause-effect.php)

<http://learnenglishteens.britishcouncil.org/grammar-vocabulary/grammar-videos/conjunctions-and-or-so-because-and-although>

<http://www.bbc.co.uk/worldservice/learningenglish/grammar/learnit/learnitv284.shtml>





Massive open online courses with videos for palliative clinical field  
and intercultural and multilingual medical communication

Ref. no.: 2014-1-RO01-KA203-002940

Programme: Erasmus+ Strategic Partnerships

<http://www.bbc.co.uk/programmes/p0469p5n>

<http://www.bbc.co.uk/programmes/p02wj3w3>



This project has been funded with support from the European Commission. This publication [communication] reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein.